

# UMRECHNUNGSTABELLE

## TEMPERATUR

285°F.....	140°C
300°F.....	150°C
320°F.....	160°C
340°F.....	170°C
350°F.....	175°C
355°F.....	180°C
375°F.....	190°C
400°F.....	200°C
425°F.....	220°C
450°F.....	230°C

## MILLILITER & GRAM

3 Cups.....	48 TBSP.....	720ml
2 Cups.....	32 TBSP.....	480ml
1 1/2 Cups.....	24 TBSP.....	360ml
1 Cup.....	16 TBSP.....	240ml
3/4 Cup.....	12 TBSP.....	180ml
2/3 Cup.....	10,5 TBSP.....	160ml
1/2 Cup.....	8 TBSP.....	120ml
1/3 Cup.....	5,5 TBSP.....	80ml
1/4 Cup.....	4 TBSP.....	60ml
1/8 Cup.....	2 TBSP.....	30ml
1/16 Cup.....	1 TBSP.....	15ml
	1 tsp.....	5ml

## BUTTER & ZUCKER

3 Cups.....	775g
2 Cups.....	550g
1 1/2 Cups.....	340g
1 Cup.....	225g
3/4 Cup.....	170g
2/3 Cup.....	150g
1/2 Cup.....	115g
1/3 Cup.....	85g
1/4 Cup.....	75g
1/8 Cup.....	55g
2 Sticks.....	250g
1 Stick.....	125g

1 fl. oz.....	30ml
5 fl. oz.....	150ml
10 fl. oz.....	300ml
15 fl. oz.....	450ml
1 oz.....	28g
2 oz.....	56g
3 oz.....	84g
4 oz.....	112g
5 oz.....	140g
10 oz.....	280g
15 oz.....	420g

## MEHL, PUDERZUCKER & KAKAO

3 Cups.....	360g
2 Cups.....	240g
1 1/2 Cups.....	180g
1 Cup.....	120g
3/4 Cup.....	85g
2/3 Cup.....	75g
1/2 Cup.....	60g
1/3 Cup.....	45g
1/4 Cup.....	40g

## ZUTATEN

1 Cup Chocolate Chips.....	170g
1 Cup ganze Nüsse.....	130g
1 Cup gehackte Nüsse.....	115g
1 Cup gemahlene Nüsse.....	106g

